

Request under Freedom of Information Act 2000

Request Ref: NGFOI 18/19: 575

Thank you for your request for information received at Northampton General Hospital NHS Trust (NGH) on 28/01/2019.

I am pleased to be able to provide you with the following information:

Demographics of pregnant women

What is the number of women from BME backgrounds who have given birth in 2014, 2015, 2016, 2017 and 2018?

Year	BME total
2018	1586
2017	1623
2016	1656
2015	1544
2014	1465
Grand Total	7874

What is the number of women who have given birth within each age category of under 16 years of age, 16-19 years, 20-24 years, 25-29 years, 30-34 years, 35-39 years, 40-44 years, 45-50 years, over 50 years, for 2014, 2015, 2016, 2017, 2018?

	Under 16	16-19yrs	20-24yrs	25-29yrs	30-34yrs	35-39yrs	40-44yrs	45-50yrs
2018		127	639	1405	1548	810	137	12
2017	*	137	689	1414	1503	797	182	11
2016	*	140	695	1429	1558	764	184	8
2015	7	152	749	1385	1457	767	172	7
2014	*	156	767	1293	1451	685	163	*
Grand Total	-	712	3539	6926	7517	3823	838	-

***In accordance with the Freedom of Information Act, Exemption section 40 (Personal Information) has been applied. Due to the low numbers involved, 5 or fewer, we have withheld the exact numbers to protect the identities of individuals.**

While the Trust acknowledges that it is desirable to make information as freely available as possible the release of this information would be unfair to the individuals concerned and would contravene the rights of the individual under the Data Protection Act.

The information requested is therefore held exempt from disclosure under section 40 (Personal Information) of the Freedom of Information Act.

What is the number of women who have given birth in 2014,2015,2016,2017,2018 for whom English is not a first language?

Year	Not 1st lang
2018	1157
2017	1066
2016	1017
2015	867
2014	397
Grand Total	4504

What is the number of single parent families in 2014,2015,2016,2017,2018?

I can confirm on behalf of the Trust and in accordance with S.1 (1) of the Freedom of Information Act 2000 (FOIA) that we do not collate the information that you have requested.

What is the number of families conceiving via assisted reproduction technologies (including but not limited to IVF, donor egg, donor sperm, surrogacy) in 2014,2015,2016,2017,2018?

Year	IVF*
2018	113
2017	83
2016	33
2015	*
2014	*
Grand Total	229

***I can confirm on behalf of the Trust and in accordance with S.1 (1) of the Freedom of Information Act 2000 (FOIA) that we do not collate the information that you have requested. IVF is the only assisted reproduction technology that can be identified from our records. We do not hold this data for 2014 and 2015.**

What is the number pregnancies rated as high-risk pregnancies in 2014,2015,2016,2017,2018?

Year	High Risk
2018	1778
2017	2046
2016	1773
2015	1331
2014	1506
Grand Total	8434

What were the number of elective caesareans in 2014,2015,2016,2017,2018?
 What were the number of emergency caesareans in 2014,2015,2016,2017,2018?

Year	Emergency	Elective
2018	755	670
2017	669	624
2016	698	596
2015	709	561
2014	673	557
Grand Total	3504	3008

What were the number of pre-term births in 2014,2015,2016,2017,2018?

Year	Pre term (<37 weeks)
2018	300
2017	341
2016	322
2015	320
2014	291
Grand Total	1574

What were the number of pre-term babies transferred to another NHS Trust (e.g. for more intensive case, access to other services) in 2014,2015,2016,2017,2018?

Year	Transfer
2018	5
2017	40
2016	36
2015	34
2014	33
Grand Total	148

What were the number of home births in 2014,2015,2016,2017,2018?

Year	Home Birth
2018	172
2017	180
2016	198
2015	189
2014	233
Grand Total	972

What were the number of home births transported to hospital via ambulance during or after labour in 2014,2015,2016,2017,2018?

I can confirm on behalf of the Trust and in accordance with S.1 (1) of the Freedom of Information Act 2000 (FOIA) that we do not collate the information that you have requested.

Screening and treatment for mental health during pregnancy

Are women currently screened for mental health problems during pregnancy?

Yes

Are men currently screened for mental health problems during pregnancy?

No

If men and women are screen for mental health problems during pregnancy, how are they screened?

**Women in pregnancy are screened using the Depression identification questions and the Anxiety identification questions as per NICE clinical guideline - *Antenatal and postnatal mental health: clinical management and service guidance*. These are included in the Perinatal Institute Antenatal handheld records
http://www.preg.info/PregnancyNotes/PDF/18_1_viewthepages.pdf**

*What services are offered to those suffering from mental health problems during pregnancy?
What information is given to those suffering with mental health problems during pregnancy?*

**I can confirm on behalf of the Trust and in accordance with S.1 (1) of the Freedom of Information Act 2000 (FOIA) that we do not collate the information that you have requested. This information may be available from Northamptonshire Healthcare NHS Foundation Trust, who manage mental health services. Their website is:
<https://www.nhft.nhs.uk/website-homepage>**

What is the number of women identified as having mental health issue during pregnancy in 2014, 2015, 2016, 2017, and 2018? Please indicate the numbers in each of the following categories; depression, anxiety and psychosis.

I can confirm on behalf of the Trust and in accordance with S.1 (1) of the Freedom of Information Act 2000 (FOIA) that we do not collate the information you have requested in a centralised system and we estimate that the amount of time required to extract and provide the information as requested would exceed the 18 hours permitted for an individual FOI request.

How long was the waiting list for psychological treatment during pregnancy in 2014,2015,2016,2017,2018?

**I can confirm on behalf of the Trust and in accordance with S.1 (1) of the Freedom of Information Act 2000 (FOIA) that we do not collate the information that you have requested. This information may be available from Northamptonshire Healthcare NHS Foundation Trust, who manage mental health services. Their website is:
<https://www.nhft.nhs.uk/website-homepage>**

What was the number of women prescribed anti-depressants during pregnancy in 2014,2015,2016,2017,2018?

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What was the number of suicides during pregnancy in 2014,2015,2016,2017,2018?

We have no record of any suicides during pregnancy during the period 2014-2018

What is the number of fathers identified as having mental health issues in 2014,2015,2016,2017,2018?

I can confirm on behalf of the Trust and in accordance with S.1 (1) of the Freedom of Information Act 2000 (FOIA) that we do not hold the information that you have requested.

*What treatment is offered to those experiencing mental health problems during pregnancy?
Do you have pregnancy support groups?*

**I can confirm on behalf of the Trust and in accordance with S.1 (1) of the Freedom of Information Act 2000 (FOIA) that we do not collate the information that you have requested. This information may be available from Northamptonshire Healthcare NHS Foundation Trust, who manage mental health services. Their website is:
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What is the number of mental health specialists working within the antenatal unit?

The Trusts' antenatal unit has one Consultant Obstetrician with a specialist interest in mental health and one Perinatal Mental Health Midwife.

What is the number of qualified mental health professionals working within each service who offer treatment for antenatal mental health problems?

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What is the lowest age of women referred during pregnancy for mental health problems?

We are unable to provide this information without reference to patients' medical records. Personal information of third parties is exempt from disclosure under Part II (Section 40 (2) - Personal Information) of the Act.

Pregnancy information

What methods are used to deliver information to expectant parents during pregnancy?

Information is contained with the Perinatal Institute handheld records; leaflets and 'Preparation for Birth and Beyond' antenatal sessions.

What types of written information is given to expectant parents during pregnancy?

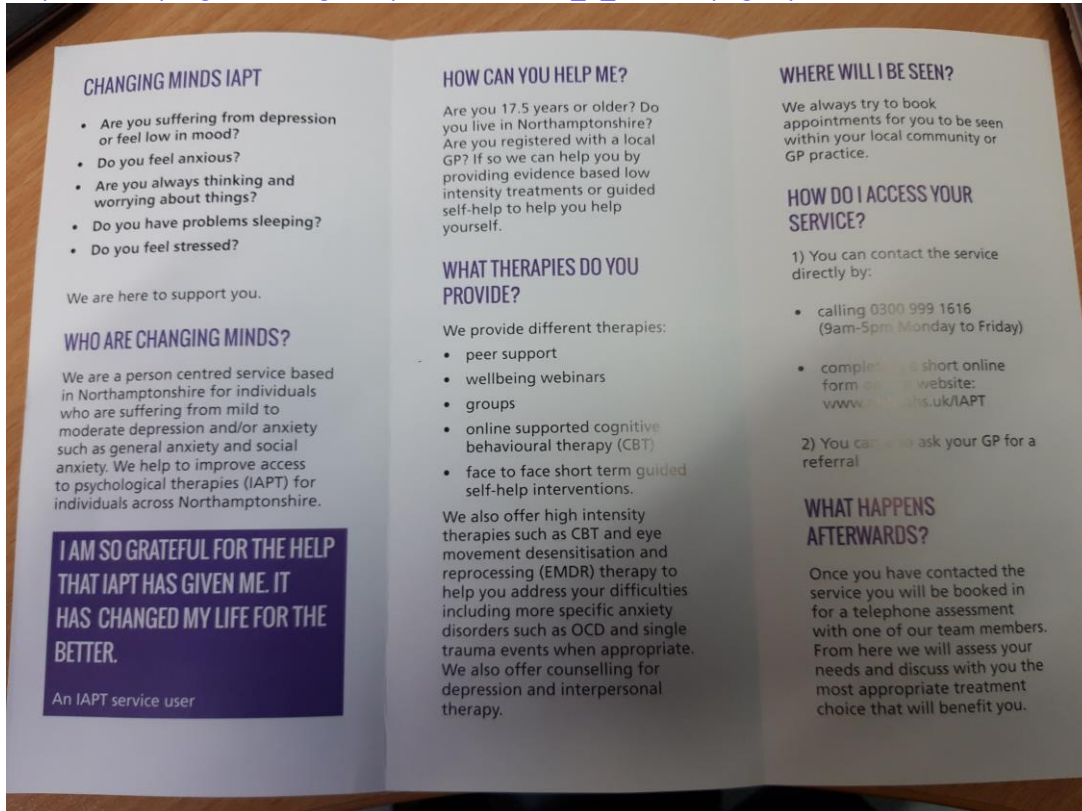
Leaflets and online information.

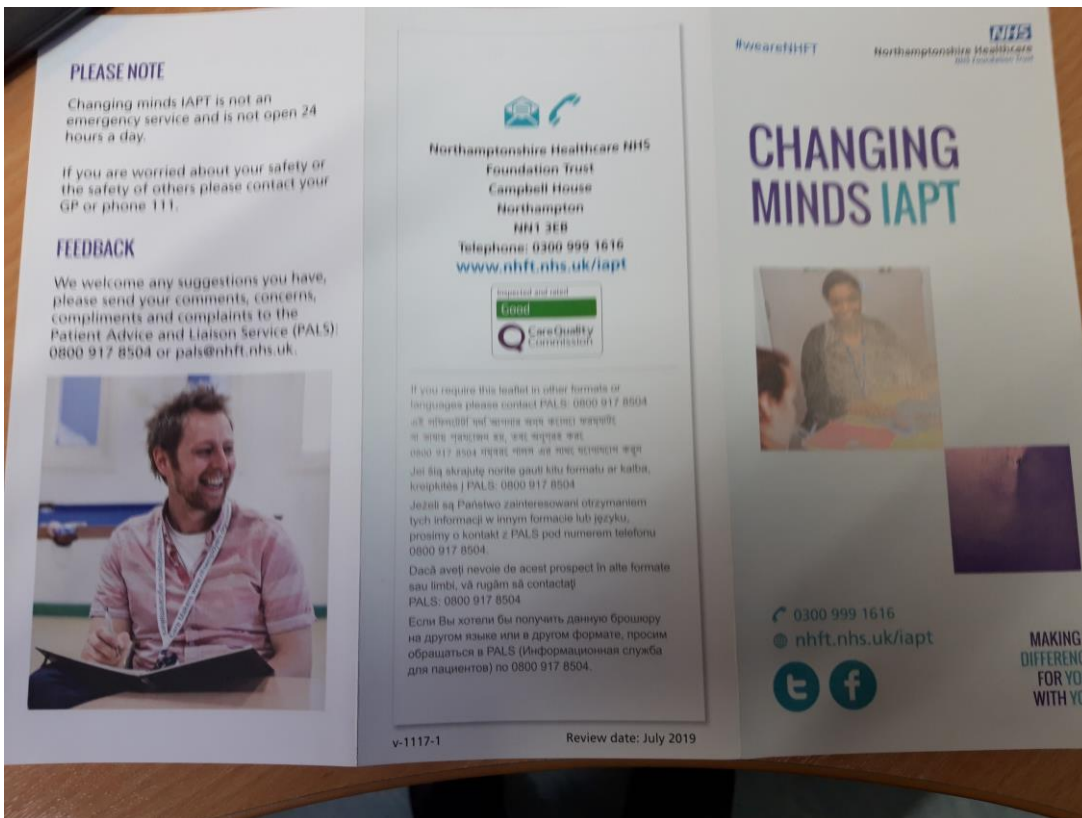
Does written information given during pregnancy contain information about mental health?

Yes

Can you provide examples of the written information given to women about mental health during pregnancy? (e.g. enclose a copy of the leaflet, take a photo of information, or provide a weblink).

http://www.preg.info/PregnancyNotes/PDF/18_1_viewthepages.pdf





Is written information about pregnancy offered in languages other than English?

Yes

If written information is provided in other languages, which languages is the information provided in?

As per the back page of the IAPT leaflet.

Postnatal information and mental health

What support offered to women who had a traumatic birth?

All women have the opportunity to have an appointment at the Meet the Matrons clinic to discuss their birth experience.

What support offered to men who had a traumatic birth?

Men are encouraged to come to the Matrons Clinic with their partners.

Is written information offered after a traumatic birth?

IAPT leaflets with contact details are given.

Is counselling offered after a traumatic births?

We have one Midwife who is trained in Birth Trauma Resolution and support is offered if need is identified following a Meet the Matrons appointment.

Are additional follow-up appointments standard after discharge from a traumatic birth?

We have one Midwife who is trained in Birth Trauma Resolution and support is offered if need is identified following a Meet the Matrons appointment.

What are the numbers of women identified as having postnatal depression?

We are unable to provide this information without reference to patients' medical records. Personal information of third parties is exempt from disclosure under Part II (Section 40 (2) - Personal Information) of the Act.

What are the numbers of men identified as having postnatal depression?

I can confirm on behalf of the Trust and in accordance with S.1 (1) of the Freedom of Information Act 2000 (FOIA) that we do not collate the information that you have requested.

What are the numbers of women identified with postnatal anxiety?

We are unable to provide this information without reference to patients' medical records. Personal information of third parties is exempt from disclosure under Part II (Section 40 (2) - Personal Information) of the Act.

What are the numbers of men identified with postnatal anxiety?

I can confirm on behalf of the Trust and in accordance with S.1 (1) of the Freedom of Information Act 2000 (FOIA) that we do not collate the information that you have requested.

What are the numbers of women with postnatal psychosis?

We are unable to provide this information without reference to patients' medical records. Personal information of third parties is exempt from disclosure under Part II (Section 40 (2) - Personal Information) of the Act.

What are the numbers of men with postnatal psychosis?

I can confirm on behalf of the Trust and in accordance with S.1 (1) of the Freedom of Information Act 2000 (FOIA) that we do not collate the information that you have requested.

How long is the waiting list for psychological treatment for women and for men identified with mental health problems during the postnatal period?

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How many in-patient "mother and baby" psychiatric beds do you have?

None

*What types of treatments are offered to women with depression after pregnancy?
What types of treatments are offered to men with depression after pregnancy?
What types of treatments are offered to women with anxiety after pregnancy?
What types of treatments are offered to men with anxiety after pregnancy?
What types of treatments are offered to women and men with psychosis after pregnancy?
What types of treatments are offered to men with psychosis after pregnancy?*

**I can confirm on behalf of the Trust and in accordance with S.1 (1) of the Freedom of Information Act 2000 (FOIA) that we do not collate the information that you have requested. This information may be available from Northamptonshire Healthcare NHS Foundation Trust, who manage mental health services. Their website is:
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