



Request under Freedom of Information Act 2000

**Request Ref: NGFOI 18/19: 62**

Thank you for your request for information received at Northampton General Hospital NHS Trust (NGH) on 27/04/2018.

I am pleased to be able to provide you with the following information:

1. *Does your Trust offer a Health and Wellbeing event accessible to all breast cancer patients at the end of hospital-based treatment?*
  - a. **yes**
  - b. *no*
  
2. *If the Trust does offer a Health and Wellbeing event for breast cancer patients, are these events:*
  - a. *solely for people with breast cancer*
  - b. **for people with all types of cancer**

**However there are plans in place to have a breast cancer specific Health and Wellbeing event which should be in place by the end of the year.**

3. *For breast cancer patients who have completed their hospital-based treatment, do the nurses in the breast care unit routinely make direct referrals, where appropriate, to the following?*

Services provided by charities

- a. *Support services provided by charities that support people with cancer (yes/no)*
- b. *Support services provided by charities that support people with breast cancer only (yes/no)*

**As routine contact with Breast Care Nurses ceases with the completion of hospital based treatment, this is reliant on the patients accessing the Breast Care Nurses. If assessed appropriate at the time of the contact the referral would then be made.**

NHS Services

- c. *Counselling / psychology services within the NHS (yes/no)*
- d. *Physiotherapy services within the NHS (yes/no)*
- e. *Fertility services within the NHS (no) but aware of service for patients within treatment phase*
- f. *Lymphoedema services within the NHS (yes/no)*
- g. *Other support services – please specify below (yes/no)*

Hair and beauty services  
Prosthetic clinic for bra and prosthetic fitting and advice  
Referral back into the system  
Well-being event  
Complimentary therapies

As routine contact with Breast Care Nurses ceases with the completion of hospital based treatment, this is reliant on the patients accessing the Breast Care Nurses. If assessed appropriate at the time of the contact the referral would then be made.

4. If you do not refer to some/any of the services in question 3, is this due to any of the reasons below? Please indicate all that apply.

a. Support services provided by charities that support people with cancer

- Service not available (yes/no)
- Unaware of service (yes/no)
- Service is oversubscribed (yes/no)
- Service is unsuitable for breast cancer patients (yes/no)
- Patient is informed of the service but a direct referral is not made (yes/no)
- Workload capacity does not allow time for referrals (yes/no)
- Other (please give details)

b. Support services provided by charities that support people with breast cancer only

- Service not available (yes/no)
- Unaware of service (yes/no)
- Service is oversubscribed (yes/no)
- Patient is informed of the service but a direct referral is not made (yes/no)
- Workload capacity does not allow time for referrals (yes/no)
- Other (please give details)

c. Counselling / psychology services within the NHS

- Service not available (yes/no)
- Unaware of service (yes/no)
- Service is oversubscribed (yes/no)
- Patient is informed of the service but a direct referral is not made (yes/no)
- Workload capacity does not allow time for referrals (yes/no)
- Other (please give details)

d. Physiotherapy services within the NHS

- Service not available (yes/no)
- Unaware of service (yes/no)
- Service is oversubscribed (yes/no)
- Patient is informed of the service but a direct referral is not made (yes/no)
- Workload capacity does not allow time for referrals (yes/no)
- Other (please give details)

e. Fertility services within the NHS

- Service not available (yes/no)
- Unaware of service (yes/no) **Referral to such a service would have to be made by the GP**
- Service is oversubscribed (yes/no)
- Patient is informed of the service but a direct referral is not made (yes/no)
- Workload capacity does not allow time for referrals (yes/no)
- Other (please give details)

f. Lymphoedema services within the NHS

- Service not available (yes/no)
- Unaware of service (yes/no)
- Service is oversubscribed (yes/no)
- Patient is informed of the service but a direct referral is not made (yes/no)
- Workload capacity does not allow time for referrals (yes/no)
- Other (please give details)