INSTRUCTIONS
FOR
PAEDIATRIC
HOUSE-PHYSICIANS

UNIT NUMBER

Date

CONTINUATION SHEET

THE DUTIES OF THE PAEDIATRIC HOUSE PHYSICIAN

- 1. The day to day care of all the Consultant Paediatrician's patients.
- 2. The admission of these patients to the wards and the carrying out of treatment and investigations ordered by the Consultant.
- 3. The collection of the necessary pathological specimens.
- 4. To report all changes in the patient's condition and progress to the Registrar and to the Consultant and to record these changes in the clinical notes.
- 5. To keep careful and accurate notes of every case and to record in them the results of all investigations.
- 6. To have all pathological reports ready for the Consultant on his rounds. If typed reports are not ready it is his duty to approach the Laboratory, before the rounds, for verbal reports.
- 7. To carry out or order any investigations which he himself may feel necessary in order to arrive at a diagnosis or an assessment of progress.
- 8. To interview parents of new admissions and to obtain a full history on the lines set out in the example in Section I.
- 9. To assist the Consultant as required in Out-Patients.
- 10. To carry out the duties of the Registrar during the latter's absence on holiday etc.
- 11. To perform the duties of the other Paediatric H.P. during holidays etc., and on such occasions to cover the beds normally cared for by his colleague.
- 12. To achieve and maintain an atmosphere and harmony with other Firms and Departments in the Hospital.



SECTION I

PACIES 1-

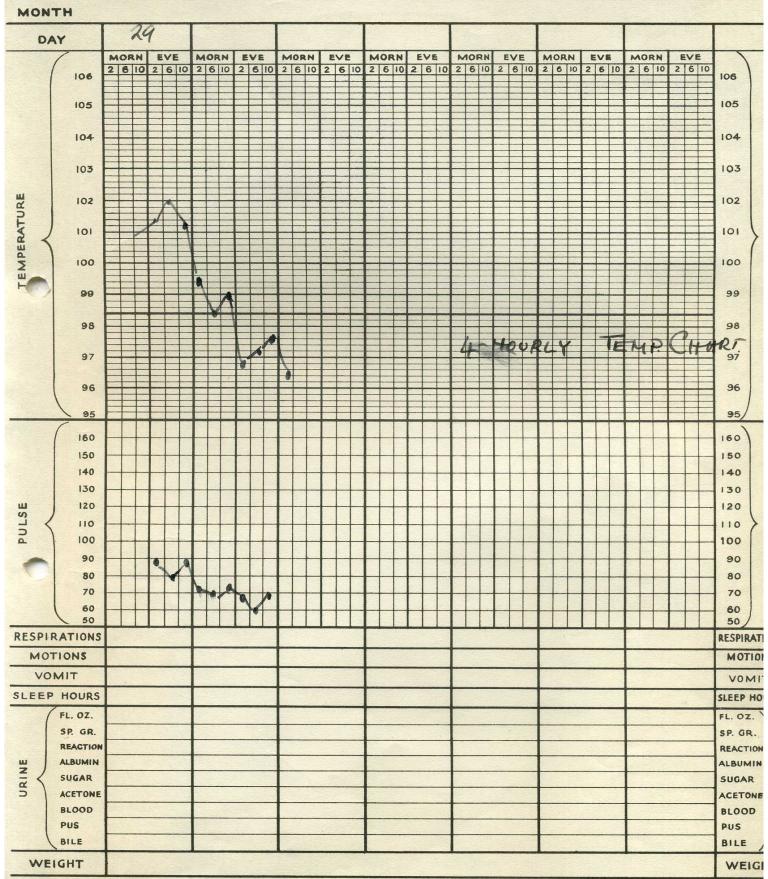
GRAMPLE OF CASE
HISTORY

WEIGHT

WEIGI

NORTHAMPTON AND DISTRICT HOSPITAL MANAGEMENT COMMITTEE.

Amie Body Age 4/2 DATE OF ADMISSION _ DATE OF ADMISSION 29.257



"Breast fed for three months then Nat. Dried Wilk & cream.

feeding problem. Gained weight normally."

Northampton & District Hospital Management Committee

Example:

NORTHAMPTON GENERAL HOSPITAL

UNIT NUMBER

Date

CONTINUATION SHEET

Milestones (of Development) i.e. age when she smiled, sat, stood alone, walked, talked, became dry at night.

Immunisations: whether inoculated,/vaccinated with common antigens,
i.e. Diphtheria, Whooping cough, smallpox, tuberculosis, policayelitis,
Typhoid etc.

Social

To complete the mental picture of the child in its family environment, comment on type of home, standard of living etc. Note where milk coming from and in older children include note on school progress.

Example

Damp, condemned semideteched cottage in country. Shares room with older brother. Outside lavatory. Father long-distance lorry driver away from home much of time. Finances difficult. Milk from Co-op. (pasteurised)

Past Illnesses:

Include history of allergy, i.e. infantile eczema, tendency to colds etc., infectious diseases, operations, accidents.

History of present condition:
Describing events in chronological order.

米

Example:

10 days ago: seemed off colour. Temperature 100.
Runny nose. In bed for two days.

6 days ago: Better. Allowed up. No temperature but still had a slight cough.

2 days ago: Hot and flushed.

Last night: Coughing, vomited twice and shortly afterwards rolled eyes, went pale and stopped breathing.

There should follow then an inquiry into the special systems.

Respiratory System: earache, sore throat, running nose, cough, sputum, dyspnosa?

Alimentary System: Appetite, vomiting, abdominal pain, bowels, appearance of stools, diarrhoca?

Cardiovascular

System: distress, fainting, squatting, cyanosis etc?

Central Nervous

System: headache, sleep, special senses etc.? Enquiry into behaviour and development.

<u>Urinary System:</u> Frequency, dysuria, haematuria, enurcsis, oliguria etc.?

LAMES: ...etc. Heart:

Northampton & District Hospital Management Committee

Example:

Nose:

Earsı

Mouth:

Neak;

Cheat;

CONTINUATION SHEET On examination:

SURNAME (Block Letters)

X

Date

...etc (including position of apex and record of blood pressure)

and so forth.

1. Febrile Convulsion

FIRST NAMES (Block Letters)

systematically.

Foor aliway.

Teeth good.

Hearing normal.

The account of exemination should be rounded off with a diagnosis - even if only tentative.

Written in the margin should be the list of necessary investigations a tick will indicate that a request form has been written. Results of investigations should be written alongside them

2. Toneillitis. Treatment: Must be written on prescription sheet Example but must be repated here also. Argotone nasal drops q.d.s. Penicillin I.M. 500,000 units b.d. Phenobarbitone grs. b.d.

Progress Rotes: should be written daily and include all observations, investigations, changes of treatment, etc., thus!

Lumbar Puncture:

Diagnosis:

Crystal clear C.S.F. Pressure 100 mms./C.S.F. Free rise and fall.

* 1.3.57.

*

Glob. no increase Chlorides 700

72

hypochromic.

14,000

Poly 74

Lymph 16

Bosin. 10%

34 mms/hr.

no increase

20 mms.

Sugar normal.

Lumbar puncture

Investigations: Throat swab.

mb.

Film

W.B.C.

B.S.R.

Colls

Protein

Diff.

FIRST NAMES (Block Letters)

Date

CONTINUATION SHEET

米 2.3.57.

Much improved. Chest clear.

No further convulsion. Mist. Ferri. Sulph. Pro. Inf. grs. 2 t.d.s.

* 3.3.57.

Nose much cleaner. Tonsils not so big. Temperature normal.

本 4.3.57.

Very active. Chest clear. Throat looking clean.

¥ 5.3.57.

Quite well now. May go home.

to have: Mist. Ferri. Sulph. Pro. Inf. grs. 1 t.d.s.routinely
Phenobarbitons grs. 2 bd. 4 when febrile.
to be seen in Out-patients in one month.

Path. investigations and X-rays are meported on guared forms which are fixed to the sheets provided (See examples following)

Doctors letters and a carbon copy of the discharge letter which must be sent out with every patient, also have a special sheet.

The notes are summarised on a pink sheet by the Registrar, after discharge and copies sent to Dr. Gosset and the General Practitioner.

MODTIVALIDITON	ANTO	DICTRICT	TIOCDITAL	MANTACEMENT	COMMITTEE	
NORTHAMPTON	MIND	DISTRICT	HOSPITAL	MANAGEMENT	COMMITTEE	
TOXILIBRIUS TOTA		Divinor				

NORTHAMPTON GENERAL HOSPITAL

Treatment and Prescription

Surname....

Ward

Childry

THIS SHEET MUST NOT BE TAKEN AWAY

BODY Christian Names annie

FOLDER NO.: £ 14271

Age 4/2

	THIS SHEET MUST NOT BE TAKEN AWAY			
Date	Treatment and Prescription	Department or Ward	Date of next attendance	Initial of Prescriber
24.2.57	R. Aryston hasal dop ggh. A installine Remicellen (1.14) 500,000 vnits bol Re Phendraston tablet gr/4 b.d.		(wp .
£.3.57	A Mitteni breghat po mform. (N.F.) grii (ds		4	CSA?
£. 3. 57	Repliet Ferri. Sughet po Infans (N.F) grifts with 3 XII t.t.o. Re Phenobarkitus tables griff with 20 t.t.o. Sig as directed.		0	Car.
	Siz andirected.			, i
0				

BODY

FIRST NAMES (Block Letters)

annin

WARD/DEPT. Children

PATHOLOGY REPORTS

NORTHAMPTON AND DISTRICT HOSPITAL MANAGEMENT COMMITTEE

NORTHAMPTON GENERAL HOSPITAL JS

DEPARTMENT OF PATHOLOGY

Drs. R. M. Heggie, W. E. Bryan, D. Philpott and R. A. Sladden

Pathological, Bacteriological or Biochemical Report

Lab. No. 3427121

Reg. No. C14271 Name of Patient Annie Body

Physician Childrens Dr. Gosset Ward.....

or Surgeon"

C.S.F. 19.2.57. Specimen ... Dated

REPORT

Crystalline colourless fluid.

Cells: No increase.

Protein: 20 mgms %

Globulin: No excess.

Chlorides: 700 mgms %

Sugar: Normal.

PNIAME (Plack Latters)	FIRST NAMES (Block Letters)	WARD/DEPT. UNIT NUM
RNAME (Block Letters)		CO SO !
BODY	annie	Children C 1 42.
	X-RAY REPORTS	

Northampton & District Hospital Management SURNAME (Block Letters) BODY	FIRST NAMES (Block Letters)	WARD/DEPT. Children	UNIT NUM
CON	SENT FOR OPERATION, POST M	ORTEM ETC.	

Origh aline and asserting from the best

	orthampton & District Hospital Management Committee		NORTHAMPTON GENERAL HOSPITAL		
URNAME (BI		FIRST NAMES (Block Letters)		UNIT NUMBER	
	3004	annie		01427	
ate	Copies of Doctors'				

Northampton & District Hospital Management Committee		NORTHAMPTON GENERAL HOSPITAL		
SURNAME (Block Letters)	FIRST NAMES (Block Letters)	UNIT NUM		
SUMMARY SHEET				

SECTION IT

PAGES 16-

INFORMATION ABOUT DEPT. PATH. INVESTIGATIONS PATH. PROCEDURES TRANSFUSIONS CIC XRAYS.

FIRST NAMES (Block Letters)

UNIT NUMBER

Date

CONTINUATION SHEET

AGB LIMITS

Childrens Ward 12 years Premature Baby Unit 12 hours

NOTE TAKING AND RECORDING

It is of the utmost importance to take a full, careful and detailed history in every case. The recording of negative findings, such as the Mantoux Reactions, might be of the greatest importance should the patient be re-admitted later.

DIAGNOSIS

Cases should be diagnosed as soon as possible after admission, using all available resources of the auxiliary departments. Any difficulties should be discussed with the Registrar or Consultant as quickly as possible. Every admission must be regarded as an emergency and no chances can be taken.

ADMISSIONS

No child should be admitted to the Childrens Ward unless he or she has been seen and examined in the Casualty Department. Patients sent to the hospital 'For admission' may only be sent home or denied admission by a Registrar or Consultant.

INFECTIOUS CASES

Should normally be admitted direct to Harborough Road Hospital, informing the Matron by telephone. There is no age limit in the Isolation Ward.

WARD ACCOMODATION

Childrens Ward (N.G.H.) Puerperal Sepsis Ward (N.G.H.) Premature Baby Unit (B.M.H.) Convalescent Unit (H.R.H.) Isolation Ward (H.R.H.)

(Details of each ward follow)

FIRST NAMES (Block Letters)

UNIT NUMBER

Date

CONTINUATION SHEET

PREMATURE BABY UNIT (Barratt Maternity Home.)

For the care of immature babies (birthweight under 5½ lbs) born in the Barratt Maternity Home, in other maternity homes, and in their own homes. Certain mature but shocked or anoxic babies born in the Barratt may also be cared for or resusitated in the Prem. Unit if they require the highly trained and specialised nursing care available in this unit. Mature babies from outside the Barratt may never be admitted to the Unit for fear of introducing infection.

16-20 infants are accommodated in cots and incubators.

Premature babies from outside are collected by the Prem. Unit Sister with a heated portable incubator in a heated ambulance.

Exchange transfusions are always carried out in the department.

CHILDRENS WARD

Dr. Gosset has 16 beds and cots, including 2 (single) isolation wards. The age limit for this ward is the 12th birthday. Surgical cases are not attended by the Paediatric Department.

PUERPERAL SEPSIS WARD

These beds and cots are administered by the Obstericians and their consent is required before a case is admitted. The ward is intended for newly delivered mothers who have infections, abortions etc. However new-born babies may be admitted in certain circumstances, particularly if it is desirable to admit the mother as well.

CONVALESCENT UNIT (Harborough Road Hospital)

22 beds are available in this ward and there are two side-rooms for semi-isolation. As a rule patients are admitted to this ward from the childrens ward at the General Hospital. A few patients, including cases of nocturnal emuresis, are admitted from Out-Patients or the waiting list. No acute or infectious case may be admitted, and all admissions should have negative throat swabs etc.

UNIT NUMBER

Date

CONTINUATION SHEET

ISOLATION WARD (Harborough Road Hospital)

22 beds and cots, each in a separate cubicle. No age limit. These cubicles are for the treatment of notifiable infections only. General Practitioners usually arrange for the admission of their patients direct with the Harborough Road Hospital. Un-diagnosed cases are frequently sent in to the Casualty Department of the General Hospital. Their proposed transfer to the isolation hospital should be notified to the Matron by telephone before transport is arranged.

ADMISSION OF PATIENTS --- Northampton General Hospital

All children must be examined in Casualty unless:

1. They are very seriously ill

2. They have been sent in by the Consultant Paediatrician

3. They are new-born babies.

History and examination:

A full history and examination should be recorded in Casual ty on the lines of the example in Section 2 of this handbook. Infectious cases must be admitted to the Harborough Road Isolation Ward unless specialist care (e.g. Surgery) of a type available only at the General Hospital is required.

Diagnosis:

A provisional diagnosis should be made and the child admitted as quickly as possible.

X-Rays:

It very often saves time and saves disturbing a child recently installed and settled in the Ward if diagnostic X-rays are taken on the way to the Ward. The Casualty staff should then be asked to admit "via X-Ray Dept", and be provided with the necessary Request Form completed.

There may be some delay in the X-Ray Dept during busy periods, so this method should not be used for seriously ill cases.

Investigations:
Should be carried out as soon as possible after admission.
In order that treatment may be started as soon as possible,
aids to diagnosis and other investigations must be carried
out as soon as possible. Only in most exceptional circumstances
is it permissible to delay overnight.
Abnormal tests, X-rays etc., must be repeated at least weekly
until the values return to normal. A child will not be discharged
home until all path. investigations, blood, biochemical and

bacteriological investigations are normal. .

Request for X-Ray Examination Name Annue Body
Address Peabody Britaly Consultant & gout O.P. Children

Consultant & Gould O.P. Children

O.P. Children Further Out Patient Appointment - None : Already made : Make after X-Ray

Underline which is applicable Chair Case: Walking: Portable: Stretcher Case:

Short History, stating requirements: Chest please, PA y both laterals

Pyneric & Crimbian

Signed OM Date 29 2

Previous Dept. No.

Dept No.

X-Ray Report :- Date :

NORTHAMPTON & DISTRICT HOSPITAL MANAGEMENT COMMITTEE

	Lab. No.	
	Date rec'd	
NORTHAMPTON C	GENERAL HOSPITAL	
	OF PATHOLOGY	
REQUEST for PATHOLOGICAL, BACTERIO	LOGICAL or BIOCHEMICAL EXAMINATION	
	Hospital Registration No. C14271	
Patient's Name BODY (BLOCK LETTERS)	Sex F Age 42 Ward Chile!	
(BLOCK LETTERS) Christian Name	Cons. Physician or De Gresset	-
Perdode Budden Ru	Surgeon Occupation	13-1
Address	Occupation	
Specimen Date a	and Hour of Collection	
Examination Required ESK, 146, film	-, WBC, Defferential Count	\ ,
CLINICAL HISTORY	FOR TECHNICAL USE ONLY	
0		
Connessars		
Convolsions Pyrexia		
		4-1
am		
House Physician/Surgeon	Technician	
Date 2425/	Phoned at	1
No examination will be und	dertaken unless the specimen	
	n duly completed and signed	

FIRST NAMES (Block Letters)

UNIT NUMBER

Date

CONTINUATION SHEET

NOTES ON INVESTIGATIONS AND PROCEDURES

X-RAYS

Request forms should contain all the information necessary to the Radiologist to assist him in:

1. Obtaining the most suitable 'views'

2. Arriving at an accurate diagnosis.

Chest films in children are useless unless Postero-Anterior and both lateral views are taken. Requuest forms must be clearly worded to this effect.

Abdominal X-rays for evidence of obstruction should be taken "Erect for fluid levels" and in cases of imperforate anus etc in infants should be taken "inverted with ahal marker" so that gas distends the lowest limit of the rectum.

URINE

Microscopy of the urine should be carried out on every patient admitted. Normally a clean specimen of urine is suitable for diagnostic purposes- but with female infants a catheter specimen may be required. The investigation is, therefore, waived in this case unless it is absolutely necessary:

Request forms should require: "Routine testing, centrifuged deposit, culture and sensitivity". (Note that the Laboratory does not test for reducing substances unless asked specifically to do so.)

Addis Counts require 12-hour specimens.

17-Ketosteroids require 24-hour specimens

BLOOD PRESSURE

Smaller cuffs are used in children. For an infant a 1" or 12" cuff will be required, and the Systolic pressure recorded by palpation of the pulse.

B.P. must be recorded daily in all cases of Nephritis and in all cases undergoing treatment with steroids.

The size of the cuff used should be recorded alongside the blood pressure (e.g. B.P. 100/68 (2" cuff))

FIRST NAMES (Block Letters)

UNIT NUMBER

Date

CONTINUATION SHEET

INTRA-VENOUS TRANSFUSIONS

Particular care must be taken with children owing to the relatively small blood volume and the danger of overloading.

All intra-venous fluids are xelatively potentially dangerous, Normal Saline is particularly so in infants.

Infusions must be very slow indeed

Normally ante-cubital, scalp and saphenous yeins are used. If a 'cut-down' is necessary (rarely), the ankle is the first choice.

Useful figures: 4 drops per minute is approx & ounce per hour. 40ccs blood produce rise in Hb. of 10% in a 7 lb. baby. Approximate blood vol of infant is 40ccs/lb.

Transfusions in infants: Fluid given must be carefully measured, and therefore should be given using either a Fletcher Drip- or a graduated syringe. In either case most careful supervision is required.

Exchange Transfusions: Carried out in cases of Jaundice of Prematurity and Rhesus or other Blood Group Incompatibilities. Fresh donor blood must be used and is cross-matched with mother's blood. Therefore a specimen of the mother's serum must be collected by the Obstetric House Officer. Donors will be bled by the Consultant or Registrar, but the Paediatric House Physician should arrange for donors of the appropriate Rh. Negative group to be sent for. (A list is kept in Miss Pearson's office in the Path. Lab.) If a baby weighs more than 6 lbs, two donors will be required.

Blood Donors: Must at all times be treated with the utmost courtesy and consideration. They must not be allowed to leave the hospital until they have rested and had a hot drink. If necessary transport should be arranged to collect them and take them hamme.

UNIT NUMBER

Date

CONTINUATION SHEET

LUMBAR FUNCTURE

hast be performed on any child admitted (1) with real or suspicious signs in the C.N.S. (2) with convulsions (epileptic children already known to the department need not necessarily have on L.P. each time they are admitted provided they have had an L.P. once). It is most important to position the child acurately with the spine flexed as much as possible in the saggital plane, yet absolutely untwisted. The joint of entry must be lower in an infant as the cord is relatively longer. (In a new born a level as low as S1 - S2 may be used).

The "request form" must always ask for "Number & type of cells, Biochemistry, Culture and Sensitivity". The first Lumbar Puncture on any child should also be checked for W.R. (whatever the suspected diagnosis) and when the fluid is not crystal clear or T.B. is suspected a stained film should be asked for.

Always measure the pressure, check that rise and fall is free and record these findings in the notes.

The fluid must be examined for cells immediately; these lyse within a few hours. At night the duty pathelogist must therefore be notified.

In the treatment of Meningitis an anti-bietic usually Penicillin is administered intra-thecally. It is wise, therefore, to have Penicillin made up ready at the first 'diagnostic' L.P. It should be made up in Normal Saline, not water.

A special dry Penicillin Salt is kept for the purpose in 100,000 cc vials. 5 cc's of Normal Saline are injected into a vial, and 1 cc (20,000 units) withdrawn after therough mixing. A further 3 cc's of Normal Saline are taken up into the syringe and shaken up. The resulting solution contains 5,000 units per cc - and normally only 1 cc of this solution would be put into the theca in an infant or up to a maximum of 4 cc in an elder child.

It would be better to dilute the solution further since Sir Hugh Cairns laid down that (1) not more than 20,000 units may be given intrathecally at one dose in adults, (up to 15,000 units in children) (2) the solution must not be stronger than 2,000 units per co.

However the above routine works well in practice and provided the pure Penicillin for intra-thecal use is given there does not appear to be any danger.

Venipuncture (for pathelogical specimen).

Always ask a nurse to assist if the child is difficult.

A soft rubber tube tied around the upper arm is a more easily and firmly adjusted tourniquet than a rather tend. Musses Lond:

Do not attempt venipuncture unless you are quite sure that no air will leak into the syringe around the piston as you withdraw it.

continued

BORTHAMPION CENTRAL BOSPIN

Use a large enough syringe to get all the blood you need in one operation.

Sites: the anti-cubital vein is always present but may be small and buried in fat.

The sapheneus is constant at the ankle but difficult to enter with a needle.

The femeral vein, internal jugula and external jugula may be used in infants.

Intra-cranial Sinus should only be used as the last possible resert, and only after obtaining permission from the Consultant.

FIRST NAMES (Block Letters)

UNIT NUMBER

Date

CONTINUATION SHEET

CULTURE OF FARCES

Infants Gastro-enteritis is often caused by B.Coli organisms of pathogenic types. Staphylococci are rapidly becoming of major importance in Hospital infections. Therefore all faeces sent for examination must be cultured for Pathogenic B.Coli and Staphylococci, these organisms MUST be Phage Typed, and their sesitivities to antibiotics MUST be determined.

TUBERCULIN JELLY TEST ('Patch Test')

This must be carried out on all children admitted. It is performed as a routine by the Ward Sister who records the result in a book. However it is the duty of the H.P. to observe the result for himself and to record this in the patients notes.

DISCHARGE FROM THE WARDS.

Cases may not be discharged by the House Physician. A 'Doctor's Letter' must accompany each discharge.

TRANSFER TO CONVALESCENT UNIT

House Physician or Registrar should notify the Convalescent Unit of any proposed transfer. Childrens' Ward Sister will arrange transport and notify parents.

	Lab. No.
	Date rec'd
NORTHAMPTO	N GENERAL HOSPITAL
	NT OF PATHOLOGY
EQUEST for PATHOLOGICAL, BACTE	RIOLOGICAL or BIOCHEMICAL EXAMINATION
	Hospital Registration No
atient's Name	Sex Age Ward
(BLOCK LETTERS)	Cons. Physician or
	Surgeon Occupation
	ate and Hour of Collection
Examination Required	
CLINICAL HISTORY	FOR TECHNICAL USE ONLY
House Physician/Surgeon	Technician
Date	Phoned at

is accompanied by this form duly completed and signed

UNIT NUMBER

Date

CONTINUATION SHEET

PATHOLOGICAL INVESTIGATION REQUEST FORM (Example opposite)

Must be completed fully for each investigation. Where investigations can be carried out on a drop of blood from finger or ear prick, specimens will be collected by the Lab staff. However the following investigations require veni-puncture specimens:-

TEST	SPECIMEN .CORRECT BOTTLE (labelle		
E.S.R. (F.B.C can be done on same spec)	200		FOR E.S.R. and BLOOD COUNTY
BLOOD UREA PLASMA PROTEINS BLOOD CHEMISTRY ELECTROLYTES	OXALATE TU For BLOOD CHEMISTRY ONLY Add 2-5 c.cs. bi MIX WELL 5-10008	Name Ward Date HE for El	Ward Add 2 to 5 ml, of blood and shake w PARIN TUBE LECTROLYTES only 10 ml BLOOD Ward
C.S.F. CHEMISTRY CELLS	Sees C.s.F. TUI for CHEMIST ONLY NON-STERI	BE Name	IX WELL Date
PROTHROMBIN	2cc(exact)	For PROTHROMBIN ESTIMATION	V
BLOOD SUGAR	lcc (Can be d by finge prick)		For BLOOD SUGAR ONLY Ward
CROSS MATCHING	Serum	ther names	th / year
BLOOD CULTURE	5-10ccs.	Special sea	led and air-tight
AGGLUTINATIONS WIDAL REACTIONS W.R. and KAHN	8-10ccs Serum	STERIL	

WARD