

## Useful websites

[www.nhs.uk](http://www.nhs.uk)

[www.northamptongeneral.nhs.uk](http://www.northamptongeneral.nhs.uk)

## Other information

Northampton General Hospital operates a smoke-free policy. This means that smoking is not allowed anywhere on the Trust site, this includes all buildings, grounds and car parks.

Leaflets, information, advice and support on giving up smoking and on nicotine replacement therapy are available from the local Stop Smoking helpline on 0845 6013116, the free national helpline on 0800 0224332, email: [smokefree@nhft.nhs.uk](mailto:smokefree@nhft.nhs.uk) and pharmacies.

Car parking at Northampton General Hospital is extremely limited and it is essential to arrive early, allowing ample time for parking. You may find it more convenient to be dropped off and collected.

This information can be provided in other languages and formats upon request including Braille, audio cassette and CD. Please contact (01604) 544516 or the Patient Advice & Liaison Service (PALS) on (01604) 545784, email: [pals@ngh.nhs.uk](mailto:pals@ngh.nhs.uk)



# About your child's Sedation EEG test

Northampton   
General Hospital  
NHS Trust

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[www.northamptongeneral.nhs.uk](http://www.northamptongeneral.nhs.uk)

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We hope the following information is helpful to you.

If you need any further information please ring us 01604 545724 Monday to Thursday 8.30am-4.30pm and 8.30am-3.00pm on Friday.

## What is a Sedation EEG test?

An EEG test is a recording of the tiny electrical signals generated by the brain. Changes in these signals may help the Doctor in the diagnosis and management of your child's symptoms.

Small discs are placed on your child's head with sticky paste. It is important that children remain still during the test and this is difficult for some children.

For some children the test can only be performed when they are sedated. This will have been discussed with you by one of our team. A sedation EEG is performed on the children's ward at NGH.

Your child will be admitted to Childrens Ward as a day case. Please go to the ward on arrival. The team on the ward will examine your child and administer the sedation, this is given orally. The EEG team will arrive after the sedation has been given and the test performed whilst they sleep.

You will usually be on the Ward for half a day.

## What do I need to do before the test?

Your child's hair must be clean and free from gel or spray. Please do not cut their hair for this test.

Check their hair for head lice and apply treatment 2-3 days before the test if necessary. It may not be possible to do the test if head lice are present.

If you have any additional needs, including access due to disability or need an Interpreter, please contact us as soon as possible.

## IMPORTANT INFORMATION

It is important that your child does not eat or drink on the day of the test. Small sips of water are allowed up to 2 hours before the appointment.

Bring with you things that may help your child to relax and sleep.

Sometimes people have adverse reactions to some medications. It is impossible to predict who will react badly. This is rare but there can be mild breathing problems, nausea and vomiting, prolonged drowsiness, disorientation or restlessness. Your child will be monitored very carefully and any reaction treated appropriately.

## Will there be any after effects?

Your child will stay on the Ward until they are awake and the ward team will decide when they are safe to leave.

You will need to wash the sticky paste from their hair when you get home.

## What will happen after the test?

The test is reviewed after you have been seen and the results will be sent to the referring Doctor so they will not be available immediately.