

Rehabilitation Assistants & Practitioners

Rehabilitation Assistants and Rehabilitation Practitioners are an integral part of the multi-disciplinary team within the Community Stroke Team. They work closely alongside Physiotherapists, Occupational Therapists, Speech and Language Therapists and Stroke Nurses, and are heavily involved in the rehabilitation of stroke survivors.

Qualified staff members will prescribe tailored exercises specific to each individual stroke survivor. One of the roles of Rehabilitation Assistants is to support patients in carrying out these exercises - helping to maximise their recovery and rehabilitation potential. Rehabilitation Practitioners have a very similar role, with the added responsibility of also being able to prescribe certain exercises.

Both Rehabilitation Assistants and Rehabilitation Practitioners receive specific stroke related training in order to provide highly skilled rehabilitation using a variety of different therapeutic adjuncts. They are also trained in carrying out mood assessments, therapy outcome measures and secondary stroke prevention advice.

Another aspect of their role within the Community Stroke Team is timetabling patient visits on a weekly basis - a vital part of ensuring the service is run efficiently and meets the therapy needs of all patients.

Our Rehabilitation Assistants and Rehabilitation Practitioners are an invaluable part of the high quality service that we deliver.



Carrying out stretches prescribed on a patient activity plan