Northampton

**Brewins Stroke Group**
Meets every last Friday of the Month at:
Parklands Community Centre
Devon Way
Northampton
NN3 6DX
Time: 10:30-12:30
Phone: Laura/Valerie: 07941145682
brewins.stroke@outlook.com
Brewins Stroke
@brewinsstroke

**Northampton Different Strokes Groups** (for younger stroke survivors: 16-60ish)
Meets every Thursday at:
Spencer Dallington Community Centre
Tintern Avenue
Northampton
NN5 7BZ
Time: 10am-12:30pm
Phone: Joyce Smith: 07763427733
info@dsnorthampton.co.uk
Website: [http://www.dsnorthampton.co.uk](http://www.dsnorthampton.co.uk)

**Northampton Stroke Group**
Meets twice a month on a Tuesday afternoon at:
Simon de Senlis
Robert Street
Northampton
Phone: Norman Cooper: 01604 582015
Tony Burgess: 01604 581947

**Milton Keynes**

**Milton Keynes Talk Back Club**
Meets every Friday at:
Age Concern, The Peartree Centre
1 Chadds Lane
Milton Keynes
MK6 3EB
Time: 9:30am – 12:00pm
Phone: Gill Norris: 01908 672615 / 07779 385411
Email: gill.norris@btinternet.com

**Banbury**

**Banbury Stroke Support Group**
Meets every 1st and 3rd Monday of every month at:
General Foods Social Club,
Spiceball Park Road
Banbury
Oxfordshire
OX16 2PA
Time: 12:00 – 2:00pm
Phone: Helen Braisby: 01295 267 595
Email: helenbraisby@live.co.uk

**Different Strokes**
- [www.differentstrokes.co.uk](http://www.differentstrokes.co.uk)
- StrokeLine: 0345 130 7172
  Mon-Fri: 9am-5pm
Stroke Groups in This Area

**Surround**

**Survivors - based in Duston, venue varies around Northampton**

‘Start where you are, use what you have, do what you can’

The group welcomes stroke survivors, their family and friends. We do fun stuff like lawn bowls, walks, gym exercise and much more.

We would love to welcome you!

**Phone:** Kate: 07751176545  
Nigel on 07785300795

**Email:** Survivorsgroup2018@gmail.com

**Oxford**

**Central Oxford Stroke Support Group**

Meets on the **1st Thursday** every month at:

- The Giraffe Café  
- 71, George Street  
- Oxford  
- OX1 2BQ  

**Time:** 11am-12pm  
**Phone:** Shaun Gibbons – 01865 430816

**Wellingborough**

**Wellingborough Speak after Stroke Group.**  
Meets on the **1st Friday** of the month at:  
- Victoria Centre  
- 56 Palk Rd  
- Wellingborough  
- Northamptonshire  
- NN8 1HR

**Time:** 10.30-12pm  
**Phone:** Eugene : 01933 359159  
**Email:** eugenedonaghy@hotmail.co.uk

**Kettering**

**Kettering Stroke Association Group**

Meets on **1st and 3rd Thursday** of the month at:

- Windsor Gardens Hall  
- Windsor Gardens  
- Kettering  
- Northampton  
- NN16 8DU

**Time:** 10:30am-12:30pm  
**Phone:** Richard Johnson: 07855540793  
**Email:** ketteringstroke@yahoo.co.uk

**Desborough and Rothwell**

**Desborough and Rothwell Stroke Club**

Meets on the **1st Wednesday** of the month at:

- Beech Close Community Room  
- Lower Street  
- Desborough  
- Northamptonshire  
- NN14 2NP

**Time:** 7pm – 9pm  
**Phone:** Mrs P Flude: 01536 762 224  
**Email:** wesleyhouse@mypostoffice.co.uk

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**Stroke Association**  
[www.stroke.org.uk](http://www.stroke.org.uk)  
Helpline: 0303 3033100  
Mon-Fri: 9am-5pm

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**Stroke**

**Association**

[www.stroke.org.uk](http://www.stroke.org.uk)