

Stroke Groups in This Area

Northampton

Brewins Stroke Group

Meets every **last Friday** of the Month at:

Parklands Community Centre
Devon Way
Northampton
NN3 6DX

Time: 10:30-12:30

Phone: Laura/Valerie: 07941145682



brewins.stroke@outlook.com



Brewins Stroke



@brewinsstroke

Northampton Different Strokes Groups (for younger stroke survivors: 16-60ish)

Meets every **Thursday** at:

Spencer Dallington Community Centre
Tintern Avenue
Northampton
NN5 7BZ

Time: 10am-12:30pm

Phone: Joyce Smith: 07763427733



info@dsnorthampton.co.uk

Website: <http://www.dsnorthampton.co.uk>



DS Northampton



@dsnorthampton

Different Strokes - Market Harborough

Meets every **1st Saturday** of the Month at:

Residents Lounge
Saxon Close
Market Harborough
LE16 7PR

Time: 10:30-12:30



marketharborough@differentstrokes.co.uk



Different Strokes Market Harborough

Northampton Stroke Group

Meets **twice a month** on a **Tuesday afternoon** at:

Simon de Senlis
Robert Street
Northampton

Phone: Norman Cooper: 01604 582015

Tony Burgess: 01604 581947

Milton Keynes

Milton Keynes Talk Back Club

Meets every **Friday** at:

Age Concern, The Peartree Centre
1 Chadds Lane
Milton Keynes
MK6 3EB

Time: 9:30am – 12:00pm

Phone: Gill Norris: 01908 672615 /
07779 385411

Email: gill.norris@btinternet.com

Banbury

Banbury Stroke Support Group

Meets **every 1st and 3rd Monday** of every month at:

General Foods Social Club,
Spiceball Park Road
Banbury
Oxfordshire
OX16 2PA

Time: 12:00 – 2:00pm

Phone: Helen Braisby: 01295 267 595

Email: helenbraisby@live.co.uk

Different Strokes
www.differentstrokes.co.uk
StrokeLine: 0345 130 7172
Mon-Fri: 9am-5pm

different **Strokes**



Support for Younger Stroke Survivors

Stroke Groups in This Area

Survivors - based in Duston, venue varies around Northampton

'Start where you are, use what you have, do what you can'

The group welcomes stroke survivors, their family and friends. We do fun stuff like lawn bowls, walks, gym exercise and much more.

We would love to welcome you!

Phone: Kate: 07751176545

Nigel on 07785300795

Email: Survivorsgroup2018@gmail.com

Oxford

Central Oxford Stroke Support Group

Meets on the **1st Thursday** every month at:

The Giraffe Café
71, George Street
Oxford
OX1 2BQ

Time: 11am-12pm

Phone: Shaun Gibbons – 01865 430816

Corby

Corby Stroke Association Group

Meets **2nd Friday** of each month at:

Danesholme Communicare Association
4 Danesholme Road
Matala Close
Corby
NN18 9EJ

Time: 10:30am – 12:30pm

Phone: Tony Cullum: 07941 146 702

Email: arcullum@btinternet.com

Kettering

Kettering Stroke Association Group

Meets on **1st and 3rd Thursday** of the month at:

Windsor Gardens Hall
Windsor Gardens
Kettering
Northampton
NN16 8DU

Time: 10:30am-12:30pm

Phone: Richard Johnson: 07855540793

Email: ketteringstroke@yahoo.co.uk

Wellingborough

Wellingborough Speak after Stroke Group.

Meets on the **1st Friday** of the month at:

Victoria Centre
56 Palk Rd
Wellingborough
Northamptonshire
NN8 1HR

Time: 10.30-12pm

Phone: Eugene : 01933 359159

Email: eugenedonaghy@hotmail.co.uk

Desborough and Rothwell

Desborough and Rothwell Stroke Club

Meets on the **1st Wednesday** of the month at:

Beech Close Community Room
Lower Street
Desborough
Northamptonshire
NN14 2NP

Time: 7pm – 9pm

Phone: Mrs P Flude: 01536 762 224

Email: wesleyhouse@mypostoffice.co.uk



Stroke Association
www.stroke.org.uk
Helpline: 0303 3033100
Mon-Fri: 9am-5pm

Stroke
association