RADIOTHERAPY

Patient Information

Prostate Cancer Fluid Intake Diary

Please bring this with you to ALL appointments



Fluid Intake Diary

Please record the type of drink, volume and time.

Please make sure that you drink 2 litres (4 pints) of non caffeinated, non alcoholic and non carbonated fluid each day.

Make sure that you record all the fluid that you including caffeinated, alcoholic and carbonated.

Day 1 Time	Туре	Volume
e.g 7am	Decaf Coffee	300ml/1 cup

ay 2 me	Туре	Volume	
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Day 3			
Time	Туре	Volume	

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www.northamptongeneral.nhs.uk

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