



# Prostate Cancer Fluid Intake Diary

Please bring this with you to  
ALL appointments



**Northampton  
General Hospital**  
NHS Trust

# Fluid Intake Diary

Please record the type of drink, volume and time.

Please make sure that you drink 2 litres (4 pints) of non caffeinated, non alcoholic and non carbonated fluid each day.

Make sure that you record all the fluid that you including caffeinated, alcoholic and carbonated.

Day 1		
Time	Type	Volume
<i>e.g 7am</i>	<i>Decaf Coffee</i>	<i>300ml/1 cup</i>

**Day 2**

<b>Time</b>	<b>Type</b>	<b>Volume</b>

