



RADIOLOGY DEPARTMENT

PATIENT INFORMATION

COLON TRANSIT STUDY

INTRODUCTION

Welcome to the Radiology Department. We hope the following information about your attendance will be helpful.

WHAT IS A COLON TRANSIT STUDY?

This is a test which shows how long (transit time) it takes food to pass to pass through your colon. The purpose of this test is to try and find out the cause of symptoms such as constipation.

PREPARATION FOR THE TEST

Please stop taking any medications that affect the function of your bowel including iron tablets, codeine, Immodium, Dulcolax, Fybogel or any other laxative for 48 hours before taking the radiopaque shapes. You may take all other medication as normal. You may eat and drink normally throughout.

You will receive 1 capsule containing radio opaque shapes with this letter. Please take this on the Sunday morning before your test with breakfast. All of the shapes must be taken.

You will have an appointment on Thursday at 09:00am when we will perform an abdominal x-ray.

Radiology Area D

RISKS OF THE PROCEDURE

The examination is low risk and involves a maximum exposure to radiation equivalent to four months background radiation exposure.

AFTER THE EXAMINATION

There will be no side effects from the examination. The markers will be passed in your bowel movements over the next few days. You will receive the results of your examination from the Consultant that requested the examination at your next outpatient appointment.

ON ARRIVAL

The examination will take place in the Radiology Department in Area D. When you enter the hospital, go to Level 2 and the Radiology Department is just beyond Costa Coffee.

Please report to the Radiology Reception desk where you will be directed to the waiting area.

PARKING

The nearest car park to the Radiology Department is car park 1 - Park and Pay using paybyphone. The machine also accepts card or cash. You will then need to make your way to Level 1 via the South entrance. Limited Disability parking spaces are available under the Nye Bevan building near the Emergency Department (ED).

Please allow plenty of time for car parking as space is limited.



NHS

Thank you, your feedback will be used to improve our service. Responses are anonymous.

OTHER INFORMATION

If you have any queries or need to cancel your appointment please call (01604) 545636. Please could we remind parents that children are not allowed in the scan room and must not be left unattended in waiting areas.

Further information can be found at: <u>www.northamptongeneral.nhs.uk</u> and <u>www.nhs.uk</u>

Northampton General Hospital operates a smoke-free policy. This means that smoking or vaping is not allowed anywhere on the Trust site including buildings and car parks.

This information can be provided in other languages and format upon request including braille, audio cassette. Please contact Patient Advice & Liaison Service (PALS) on (01604) 545784 or email: <u>ngh-tr.pals@nhs.net</u>

IMPORTANT INFORMATION DURING THE COVID-19 PANDEMIC

We can all play a role in reducing the spread of coronavirus and keeping our hospitals safe. People infected with COVID-19 may have mild or no respiratory symptoms (asymptomatic) and can transmit the virus to others without being aware of it.

In line with guidance from the World Health Organisation and the UK Government we have introduced some new measures for staff and patient safety. We would ask you to please support us by:

- Not attending your appointment if you or a member of your household has any symptoms of COVID-19 (please do let us know so that we can re-arrange your appointment at the earliest opportunity).
- Bringing a face covering or mask to wear at all times when in the hospital buildings.
- Using the hand sanitiser or washing your hands whenever you enter and exit the hospital and the department your appointment is in.
- Following strict social distancing wherever possible and walking on the left side of the corridor.
- Only arriving at the scheduled time of your appointment.
- Not bringing any visitors with you unless there are special circumstances. Kind Regards

Heidi Smoult, Chief Executive Officer

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